

# Quadra Institute of Ayurveda, Roorkee

## Achievements of Faculties for the year 2024

### 1. Dr. Jitender Kumar (Principal)

- Participated in WAC 2024 (from 12<sup>th</sup> Dec to 15<sup>th</sup> Dec 2024).
- Participation in online training programme regarding OTMS updation conducted by NCISM.
- Attended National Conference cum line Demonstration workshop on proctology by lases & Ksharsutra therapy 13<sup>th</sup> - 14<sup>th</sup> Oct 2023 organised (BHU) Banaras Hindu National workshop in Rachana Sharir University.
- Attended Yogya 2023, Shalakyta Tantra 7<sup>th</sup> Oct 2023 organised by Lal Bahadur Shastri mahila Ayurveda College & Hospital.

### 2. Dr. Rishabh Jain (Director)

- Participated in WAC 2024 (from 12<sup>th</sup> Dec to 15<sup>th</sup> Dec 2024).

### 3. Dr. Saurabh Kumar (Dean)

- Participated in WAC 2024.
- Research Guide workshop at Sanskriti College, Mathura – organised by NCISM.
- Administration workshop organised for Principals/ Deans at Delhi - organised by NCISM.

### 4. Dr. Rajnikant Rohilla

- Participated as delegate in World Ayurved Congress held at Dehradun from 12<sup>th</sup> - 15<sup>th</sup> Dec 2024.

### 5. Dr. Abhishek Bhushan Sharma

- Participated in WAC 2024 (from 12<sup>th</sup> Dec to 15<sup>th</sup> Dec 2024).

### 6. Dr. Sharon Prabhakar

- 2-7 Dec 2024 : CME for teachers in Agad Tantra participated as delegate, at Govt. Akhandanand Ayurveda Mahavidyalaya, Ahmedabad.
- 12-15 Dec 2024 : Delegate in WAC 2024, Dehradun.

**7. Dr. Charu Sharma**

- Three days workshop on "Scientific writing, Research Integrity and Publication Ethics" for Post Graduate Guides conducted by NCISM at Ch. Brahm Prakash Ayurved Charak Sansthan.
- Certificate of Participation in the 10<sup>th</sup> WAC & Arogyam Expo 2024 held at Parade Ground, Dehradun (UK).

**8. Dr. Saurabh Kumar**

- Participated in WAC 2024 (from 12<sup>th</sup> Dec to 15<sup>th</sup> Dec 2024).

**9. Dr. Mayank Bishnoi**

- Participation in WAC Dehradun (from 12<sup>th</sup> Dec to 15<sup>th</sup> Dec 2024).

**10. Dr. Ankit Tyagi**

- Attended WAC Seminar 2024 (from 12<sup>th</sup> Dec to 15<sup>th</sup> Dec 2024).

**11. Dr. Bhoomi Soni**

- 26/07/2024 to 28/07/2024 : Online Certificate Workshop on Agnikarma.
- 10/08/2024 to 11/07/2024 : Online Certificate Workshop on Viddhakarma.
- 18/08/2024 : Online kaining on Fracture & dislocation of upperlimb with Practical Demonstration of reduction & Bandaging methods.
- 10/09/2024 to 12/09/2024 : Capacity Building Program "Scientific writing Research Integrity & Publication Ethics" organized by NCISM at Ch. Brahm Prakash Ayurved Chark Samsthan.
- 12<sup>th</sup> – 15<sup>th</sup> Dec 2024 : Participated in World Ayurveda Congress.
- Research Article : "The Science of Piereing - A Critical Analysis of Viddhakarma & it's Contemparary Implications in International Journal of Ayurveda & Pharmaceutical Chemistry on 10<sup>th</sup> Jan 2025, Vol – 22. Issue – 1.

**12. Dr. Saloni Garg**

- Participated in WAC 2024 (from 12<sup>th</sup> Dec to 15<sup>th</sup> Dec 2024).

**13. Dr. Parul Anand**

- Presented paper in 10<sup>th</sup> WAC entitud – "Role of Ayur – cosmetology in the management of Hairfall – A Case series".
- Attended CME in NIA Jaipur in march 2024.
- Completed a three month online certificate programme on "Research Methodology & Biostatistics from May – July 2024.

 22/12/25



**14. Dr. Anit Saini**

- Publication (ISSN 2277-7105) "A Literary Review on importance of sharangdhar Samhita Dravyas/ yogas w.s.r. to charakota Deepaniya mahakashaya" published in World Journal of Pharmaceutical Research.
- Participate in 10<sup>th</sup> WAC (from 12<sup>th</sup> Dec to 15<sup>th</sup> Dec 2024) in Dehradun.
- Attended Research Guide workshop at Sanskriti College, Mathura organised by NCISM.

**15. Dr. Yogesh Sisodiya**

- Participated in WAC 2024 (from 12<sup>th</sup> Dec to 15<sup>th</sup> Dec 2024).

**16. Dr. Ankit Kumar**

- Participated in WAC 2024 (from 12<sup>th</sup> Dec to 15<sup>th</sup> Dec 2024).

**17. Dr. Mamta Saini**

- Participated in 10<sup>th</sup> WAC 2024, Dehradun (from 12<sup>th</sup> Dec to 15<sup>th</sup> Dec 2024).

**18. Dr. Priyanka Sharma**

- Research article : Role of Lekhan Basti in Metabolic syndrome - a clinical trial.

Journal - International Journal of Research in Ayurveda Pharm (IJRAP)  
Published in March, 2024.

- Comparative Evaluation of Virechana Karma and Lekhana Basti in the Management of Metabolic Syndrome.

Journal – International Journal of Ayurveda and Pharma Research (IJAPR)  
Published in March, 2024.

**19. Dr. Neha**

- Diploma in Garbhdharan Samskar.
- Paper Published : A Literary Review on Importance of Sharangdhar Samhita Dravya's/ Yogas w.s.r. to Charababta Deepaniya Mahakashaya [ISSN 2277-7105].
- Paper Published : A Systemic Review on Harsha Hetu Viserhas - Chaya Principle in Contest of Prameha [ISSN - 2277 - 7105].
- Attended WAC 2024 at Dehradun.

**20. Dr. Deepa Sharma**

- Attended WAC (4 Days) 12<sup>th</sup> to 15<sup>th</sup> Dec 2024 as Delegate.
- SPARK project as a guide of Ms. Goldy (Batch 2021) 2<sup>nd</sup> year student.

**21. Dr. Asheesh Kumar**

- Paper Published : A Systemic Review on Harsha Viserhas - Chaya Principle in Contest of Prameha [ISSN - 2277 - 7105].
- Attended WAC 2024 at Dehradun.

**22. Dr. Harsha Mohan Singh**

- CME : CME for Teachers of Kayachikitsa at AllA, New Delhi, from 15<sup>th</sup> to 21<sup>st</sup> December 2024.
- ARTICLE : Significance of AGNI - A Review Article (World Tour NAC of Pharmacy & Pharmaceutical Sciences).
- Participated in WAC 2024 (from 12<sup>th</sup> Dec to 15<sup>th</sup> Dec 2024).

**23. Dr. Vipul Singh**

- Attended WAC 2024 at Dehradun (12<sup>th</sup> - 15<sup>th</sup>) Dec 2024.

**24. Dr. Payal Kumar**

- Attended WAC 2024 Dehradun in 2024 (from 12<sup>th</sup> Dec 2024 - 15<sup>th</sup> Dec 2024).

**25. Dr. Aaditya Bhardwaj**

- Attended WAC 2024 Dehradun in 2024 (from 12<sup>th</sup> Dec 2024 - 15<sup>th</sup> Dec 2024).

**26. Dr. Prachi Patni**

- Attended WAC (4 Day) 12<sup>th</sup> – 15<sup>th</sup> Dec as Delegate 2024.

**27. Dr. Jitendra Pandey**

- CME for teachers – NIA Jaipur (23<sup>rd</sup> Dec 2024 to 28<sup>th</sup> Dec 2024).
- Participate in 10<sup>th</sup> WAC 2024, Dehradun (from 12<sup>th</sup> Dec to 15<sup>th</sup> Dec 2024) as a Nodal Officer.

**28. Dr. Himadri**

- Participation in WAC 2024 (12<sup>th</sup> – 15<sup>th</sup> Dec) 2024.

 22/12/24



**29. Dr. Pooja Bhandari**

- Participated in CME Dravyaguna at Government Autonomous Ayurvedic College & Hospital, Gwalior from 8<sup>th</sup> – 13<sup>th</sup> July 2024.
- Attended WAC Program in Dehradun from 12<sup>th</sup> – 15<sup>th</sup> Dec 2024.

**30. Dr. Aditi Yadav**

- Attended WAC Program in Dehradun 2024 dated : 12<sup>th</sup> – 15<sup>th</sup> Dec 2024.

**31. Dr. Urvi Kaushik**

- Attended WAC Program in Dehradun 2024 dated : 12<sup>th</sup> – 15<sup>th</sup> Dec 2024.

**32. Dr. Kanchan Pant**

- Attended WAC 2024 at Dehradun (12<sup>th</sup> - 15<sup>th</sup>) Dec 2024.

**33. Dr. Beena Bhouriya**

- Attended WAC 2024 at Dehradun (12<sup>th</sup> - 15<sup>th</sup>) Dec 2024.

**34. Dr. Abhishek Pandey**

- Attended WAC 2024 at Dehradun (12<sup>th</sup> - 15<sup>th</sup>) Dec 2024.

**35. Dr. Triveni Shastri**

- Attended WAC 2024 at Dehradun (12<sup>th</sup> - 15<sup>th</sup>) Dec 2024.
- Participated in workshop on "Computational Tools for Teaching and Learning Sanskrit" at UGC – Malaviya Mission Teacher Training Centre, Hyderabad (20<sup>th</sup> - 22<sup>nd</sup> May 2024).
- Participated in International Sanskrit Seminar at University of Jaipur, Rajasthan (9<sup>th</sup> - 11<sup>st</sup> August 2024).
- Participated in International Conference on Conception Law & Justice in Indian knowledge system. In Perspective of Present Indian Legal Development (15<sup>th</sup> - 17<sup>th</sup> Nov 2024) at University of Jaipur, Rajasthan.

**36. Mr. Shakti Singh**

- Attended WAC 2024 at Dehradun (12<sup>th</sup> - 15<sup>th</sup>) Dec 2024.

**37. Ms. Shally Choudhary**

- Attended WAC 2024 at Dehradun (12<sup>th</sup> - 15<sup>th</sup>) Dec 2024.